

Dance Studies

GRADE 12

LESSON PLAN

LO 4

LO 1 Create and present compositions, performances and productions. <i>The learner is able to create and present dance compositions, performances and productions.</i>		LO 2 Develop Dance Technique and Style <i>The learner is able to develop practical skills in techniques and styles for dance performances in own dance major.</i>		LO 3 Reflect on Dance Theories <i>The learner is able to reflect on music, dance histories in past and present contexts, and health care.</i>		LO 4 Demonstrate Indigenous Dances of Many Cultures <i>The learner is able to demonstrate skills in and knowledge of cultural dance forms other than own dance major.</i>	
AS 1 Demonstrate spontaneity and confidence in improvisation in response to a wide range of stimuli.		AS 1 Analyse and apply safe dance practice, kinaesthetic awareness and a healthy use of the body.		AS 1 Discuss how music is used in a dance form of choice with reference to composers, selection and style.	X	AS 1 Use steps and dance motifs to create and present an indigenous, popular or contemporary dance in a theatrical form.	X
AS 2 Demonstrate an ability to construct solo, duet and trio compositions, showing an understanding of: <ul style="list-style-type: none"> • structure; • form; • content. 		AS 2 Demonstrate an expanded dance vocabulary appropriate to the dance form with increased musicality, co-ordination and control		AS 2 Investigate and analyse: <ul style="list-style-type: none"> • dance performances in the past and the present with reference to storytelling, biographies, choreographic intention, characteristics of style, skill of the performers, and visual or emotional impact; • the function and value of dance within diverse societies, communities and 	X	AS 2 Explain the social and cultural context of the dance created.	X

				cultures with reference to expression and communication, education, entertainment, innerfulfilment and self-realisation.			
AS 3 Demonstrate an ability to actively contribute to team effectiveness and to work co-operatively in a small group during performance or choreographic processes.		AS 3 Demonstrate accurate reproduction of movement sequences using different choreographic styles and rhythms.		AS 3 Demonstrate knowledge and understanding of: <ul style="list-style-type: none"> • the human skeleton and joints, explaining how they work in healthy dance practice with reference to posture, stance, alignment and use of the spine; • advanced understanding of health care (e.g. cardiovascular fitness, strength, flexibility and lifestyle choices). 	X		
AS 4 Demonstrate an ability to plan and market a dance production.		AS 4 Perform complete dances demonstrating clarity of movement and awareness of style.					
AS 5		AS 5 Display a capacity to work and learn independently in clearly-defined contexts within a managed environment.					

LESSON PLAN LO4

Grade 12

Date: January

Duration:10 weeks

Topic: African dance eg. Indlamu

Teacher Activity	Learner Activity	Resources	Assessment Strategies	Date Completed
Teacher gives guidance	Perform and Research Indigenous dance	Videos, drums, Music, CD, DVD (Umoja) Journal, Video Camera, Digital Camera	Teachers/peer assessment	
Teacher gives guidance	Select the music and discuss the composer, choreographer and dance work investigating diverse musical genres	Videos, drums, Music, CD, DVD (Umoja) Journal, Video Camera, Digital Camera	Teachers/peer assessment	
	Investigate and analyse the works, influences and social and other context of international and national	Videos, drums, Music, CD, DVD (Umoja) Journal, Video Camera, Digital Camera	Teachers/peer assessment	

	choreographers in the past or present			
Teacher gives guidance	<p>Writing reviews, newsletters and designing brochures or posters about dance performances</p> <p>Identifying and discussing skills and responsibilities required for diverse careers in the dance industry including how to access funding for tertiary study, dance companies and dance works.</p> <p>Research one South African and one international choreographer (biographical information, career, outputs and</p>	<p>Videos, drums, Music, CD, DVD (Umoja)</p> <p>Journal, Video Camera, Digital Camera</p>	Teachers/peer assessment	

	contribution to dance.			
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Integration: LO 3 & LO 4
<p>SKVAs: Creating, composing, presenting and discuss Indigenous dance motifs and steps The composer and choreographer selection and style Appreciation of Indigenous dance in Theatrical form. Knowledge and understanding of the musical and choreography style of the specific dance form</p>
<p>Content: Discuss props, dance theme and use of body parts followed by a warm-up leading into exploring movements by exchanging ideas With attention to transitions and dynamics; composition and design elements and their personal impressions- Eventually combine all into a dance sequence then give the learner time to rehearse and perform.</p>
<p>Expanded Opportunities/Homework: (1)Do research, speak to local artists and make enquiries regarding Indigenous dance style (2) Project to be given to learners (PAT1 = LO4:)</p>

Assessment: Observation Research
Managing Diversity: Create ways in which learners can perform this dance as a solo
Date Completed:

Dance Studies GRADE 12 LESSON PLAN LO 1					
LO 1 Create and present compositions, performances and productions. <i>The learner is able to create and present dance compositions, performances and productions.</i>	LO 2 Develop Dance Technique and Style <i>The learner is able to develop practical skills in techniques and styles for dance performances in own dance major.</i>	LO 3 Reflect on Dance Theories <i>The learner is able to reflect on music, dance histories in past and present contexts, and health care.</i>	LO 4 Demonstrate Indigenous Dances of Many Cultures <i>The learner is able to demonstrate skills in and knowledge of cultural dance forms other than own dance major.</i>		
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<p>AS 2 Demonstrate an ability to construct solo, duet and trio compositions, showing an understanding of:</p> <ul style="list-style-type: none"> • structure; • form; • content. 	X	<p>AS 2 Demonstrate an expanded dance vocabulary appropriate to the dance form with increased musicality, co-ordination and control</p>		<p>AS 2 Investigate and analyse:</p> <ul style="list-style-type: none"> • dance performances in the past and the present with reference to storytelling, biographies, choreographic intention, characteristics of style, skill of the performers, and visual or emotional impact; • the function and value of dance within diverse societies, communities and cultures with reference to expression and communication, education, entertainment, innerfulfilment and self-realisation. 	X	<p>AS 2 Explain the social and cultural context of the dance created.</p>	
<p>AS 3 Demonstrate an ability to actively contribute to team effectiveness and to work co-operatively in a small group during performance or choreographic processes.</p>	X	<p>AS 3 Demonstrate accurate reproduction of movement sequences using different choreographic styles and rhythms.</p>	X	<p>AS 3 Demonstrate knowledge and understanding of:</p> <ul style="list-style-type: none"> • the human skeleton and joints, explaining how they work in healthy dance practice with reference to posture, stance, alignment and use of the spine; • advanced understanding of health care (e.g. 	X		

				cardiovascular fitness, strength, flexibility and lifestyle choices).			
AS 4 Demonstrate an ability to plan and market a dance production.		AS 4 Perform complete dances demonstrating clarity of movement and awareness of style.					
AS 5		AS 5 Display a capacity to work and learn independently in clearly-defined contexts within a managed environment.					

LESSON PLAN LO 1				
GRADE12	DATE:	CLASS:	DURATION: 10 WEEKS	
Topic: Create, present, Planning and Marketing of dance performances and production.				
Teacher Activity	Learner Activity	Resources	Assessment Strategies	Date Completed
Teacher gives guidance and demonstrate	Develop a personal vocabulary in improvisation	Videos, drums, Music, CD, DVD journal and props	Teacher/Peer assessment	
Teacher gives guidance and demonstrate	Construct a dance performance with a group more than three performers with costume, set, lighting, and sound.	Videos, drums, Music, CD, DVD journal and props	Teacher/Peer assessment	

Teacher gives guidance and demonstrate	Learners develop budgets which include income, expenditure and general budget layout.	Videos, drums, Music, CD, DVD journal and props	Teacher/Peer assessment	
	Learners create the different strategies of advertising and marketing	Videos, drums, Music, CD, DVD journal and props	Teacher/Peer assessment	

Integration: LO 1 ,AS:2, 3 LO 2, AS 3 , LO 3

SKVAs:

Creating, composing, presenting and discuss Self respect and respect of others. Responsibility

Content:

Discuss props, working without supervision

Expanded Opportunities/Homework: (1) Do research speak to locals and make enquiries regarding budgeting and advertising.

Assessment: Observation, Research

Managing Diversity: Create ways in which learner can perform this dance as a solo

Dance Studies

GRADE 12

LESSON PLAN

LO 3

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				cultures with reference to expression and communication, education, entertainment, innerfulfilment and self-realisation.			
AS 3 Demonstrate an ability to actively contribute to team effectiveness and to work co-operatively in a small group during performance or choreographic processes.		AS 3 Demonstrate accurate reproduction of movement sequences using different choreographic styles and rhythms.	X	AS 3 Demonstrate knowledge and understanding of: <ul style="list-style-type: none"> • the human skeleton and joints, explaining how they work in healthy dance practice with reference to posture, stance, alignment and use of the spine; • advanced understanding of health care (e.g. cardiovascular fitness, strength, flexibility and lifestyle choices). 	X		
AS 4 Demonstrate an ability to plan and market a dance production.		AS 4 Perform complete dances demonstrating clarity of movement and awareness of style.	X				
AS 5		AS 5 Display a capacity to work and learn independently in clearly-defined contexts within a managed environment.	X				

LESSON PLAN LO 3**Grade 12****Date:****Duration:10 weeks****Resources needed:****Topic: ANATOMY - Injury prevention , care and physical fitness****Learning Activities:****Integration: LO 3 & LO 2****SKVAs:** Creating, composing, presenting and discuss self respect and respect of others. Responsibility**Content:** Discuss props, develop vocabulary,

Teacher Activity	Learner Activity	Resources	Assessment Strategies	Date Completed
Teacher guides and demonstrates	Research the common injuries that happen in the dance performances , how to prevent injuries and how to treat injuries	Videos, and Skeleton, first aid box	Teacher/Peers assessment	
Teacher guides and demonstrates	How the body conditioning in the dance form of choice to build strength, flexibility,	Videos, and Skeleton, first aid box	Teacher/Peers assessment	

	posture, and joint alignment the free use of joints, safe landing from elevation, stamina, endurance and agility			
Teacher guides and demonstrates	Developing complex dance vocabulary including balances, quick and slow changes of body positions and combinations involving movements, use of contrasting movements and qualities, simultaneously and sequentially.	Videos, and Skeleton, first aid box	Teacher/Peers assessment	

Expanded Opportunities/Homework: (1) Do research speak to health practitioners

Assessment: Observation Research

Managing Diversity: Create ways in which learner can perform this dance as a solo

Date Completed: