



CHIEF DIRECTORATE – CURRICULUM MANAGEMENT

**GRADE 12 LEARNER SUPPORT
PROGRAMME**

**REVISION AND REMEDIAL TEACHING
INSTRUMENT:
QUESTIONS AND ANSWERS**

SUBJECT: DANCE STUDIES

June 2009

This document consists of 11 pages.

Strictly not for test/examination purposes

INSTRUCTIONS AND INFORMATION

1. Read through the whole paper before you start answering it.
2. Read the questions carefully.
3. There are FOURTEEN questions in this question paper.
4. Start each section on a new page.
5. Number the answers correctly according to the numbering system used in this question paper.
6. Marks are not allocated per fact. In your answers, elaborate and explain as much as possible.
7. Use the mark allocation to determine the time to be spent on each question.
8. Write neatly and legibly.

SECTION A: HISTORY**QUESTION 1**

As a Grade 12 learner you have discussed in your dance class the different career possibilities in dance. In order to test your knowledge, answer the questions below:

- 1.1 Identify and describe TWO careers in dance and give a brief explanation of what the careers are all about. (4)
- 1.2 Choose a career in dance that interests you the most and answer the following questions: (2)
- 1.2.1 Give the name of the dance career and explain what appeals to you about the career of your choice and why you think you are suited for this career? (2)
- 1.2.2 What are the tertiary requirements for this career? (2)
- 1.2.3 What will your financial requirements for a tertiary education in dance be? (2)
- 1.2.4 Mention THREE different types of financial assistance that are available and that you can apply for. (3)

[15]

QUESTION 2

Select **ONE** choreographer from the list below. **Write an article** for a dance magazine about this choreographer. Include the following information in no particular order. Remember to give your article a heading and include the name of the choreographer you are referring to. **Do NOT use numbering in your answer.**

Below are the prescribed choreographers and their dance works.

South African choreographers	Dance works
Veronica Paeper	Orpheus in the Underworld
Vincent Mantsoe	Gula Matari
Alfred Hinkel	Last Dance (Bolero)
Sylvia Glasser	Transformations
Gary Gordon	Bessies Head
Mavis Becker	Flamenco de Africa
Hazel Acosta	Blood Wedding
Caroline Holden	Imagenes

International choreographers	Dance works
George Balanchine	Appollo or Agon
Alvin Ailey	Revelations
Martha Graham	Appalachian Spring or Lamentation
Christopher Bruce	Ghost Dancers or Rooster
Marius Petipa & Lev Ivanhof	Swan Lake
Vaslav Nijinski	Le Sacre du Printemps
Paul Taylor	Esplanade

- 2.1 Biographical information including country of origin, career (training, experience) (3)
- 2.2 Some of the well-known dance works (3)
- 2.3 Influences and collaborations (4)
- 2.4 Time period, social and political context (4)
- 2.5 Contributions to the development of dance (4)

Marks are awarded for presenting the information as a magazine article.

(2)
[20]

QUESTION 3

Throughout your study of improvisation, choreography and composition, you are required to keep a journal of all the work done.

For the teacher to assess your journal successfully, answer the questions below:

- 3.1 Name some of the things that should be included in your journal when doing your choreography. (3)
- 3.2 Explain how set design, costume, lighting and props will enhance your choreography. (3)
- 3.3 If your choreography is put on stage, mention FOUR things that need to be organised for the performance? (4)
- [10]**

QUESTION 4

Many dances are created as part of the rituals that mark transformation in our lives, for example religious ceremonies, courting rituals, customs at birth and death, themes around life cycles and social relationships. Select a dance you have studied and explain how it relates to transformative ritual.

- 4.1 Name and describe the dance, where it is performed, why and by whom. (3)
- 4.2 What musical instruments are used and how do they enhance the dance? (3)
- 4.3 Mention common ritual elements that can be identified in this dance. (2)
- 4.4 Explain the use of symbolism in this dance. (4)
- 4.5 Evaluate the significance of transformation in this dance to the people who perform it. (3)
- [15]**

QUESTION 5

You would like to conduct a community dance project in a disadvantaged area. A local company in this area has offered you the use of a large unoccupied space on their premises. They have agreed to sponsor you to get an upliftment program running and have asked you to submit a proposal of what you will need to start it off with. Include the following in your proposal:

- 5.1 The name and a brief explanation of the project. (4)
- 5.2 The needs of the project in detail (e.g. roles and resources) and how you will sustain the project. (3)
- 5.3 An explanation of how the community will benefit and how the sponsor will benefit from their contribution. (3)
- [10]**

TOTAL SECTION A: 70

QUESTION 9

Music is an important part of dance. Use **ONE** of the dance works that you have studied as a reference and provide the following information:

(Remember to give the name of the dance work).

- | | | | |
|-----|-------|---|-------------------|
| 9.1 | 9.1.1 | Name of composer | (1) |
| | 9.1.2 | Instrument of the music used | (2) |
| | 9.1.3 | Style/genre | (1) |
| 9.2 | | Discuss how the music and dance complement each other.
Do not use the same dance work done in QUESTION 2. | (3)
[7] |

TOTAL SECTION B: 20

SECTION C: ANATOMY AND HEALTH CARE**QUESTION 10**

Match **COLUMN A** with a suitable answer in **COLUMN B**.

	COLUMN A		COLUMN B
10.1	Flexion	A	A point of articulation where two bones meet
10.2	Depression	B	Decrease the angle between two bones
10.3	Bulimia	C	Fixed point where the muscle start
10.4	Extension	D	Lowering a body part
10.5	Iron deficiency	E	Attach bone to bone
10.6	Plantar flexion	F	To increase the angle between two bones
10.7	Origin	G	The hunger of an ox
10.8	Ligaments	H	Pointing the toes
10.9	Cardiac muscle	I	Anaemia
10.10	Joints	J	It has a striped appearance of skeletal muscle

[10]

QUESTION 11

Read the following case study answer the questions below:

Eloise's lifestyle

Eloise is 17 and wants to become a professional dancer. She is quite talented, but lacks confidence in her ability. She comes from a dysfunctional family and has low self esteem – often speaks not well of herself and feels inadequate. She battles to keep weight off, and tends to binge-eat (4 – 5 times per week), then feels guilty and sometimes purges. She is frequently tired and depressed, and sleeps during the weekend when she's not partying with her friends. She smokes fairly heavily. She always battles to get any homework/assignments done. Her marks dropped. She has been hanging out with stoner friends and she may be taking drugs. Her attendance to her dance classes is erratic. (At times she takes many extra classes in one day and at other times she skips classes or comes late and seems disinterested). She says she would really like to improve her fitness (especially cardio respiratory), and lose weight, but doesn't know how to go about it. She is often sick or gets injured.

- 11.1 Identify the problems in Eloise's lifestyle. Substantiate your answers. (3)
- 11.2 Which ONE of these problems would you identify as the most crucial and detrimental to her general well-being and overall health? Substantiate your answer. (3)
- 11.3 In order to begin to correct some faulty habits, do you think she may need assistance from health professionals? If so, what would you advise her? (3)
- 11.4 Identify any positive aspects of Eloise's attitude or situation. How would you use these positive aspects to encourage her? (2)
- 11.5 Eloise seems to have a chronic problem with sustaining injuries. This may be caused by her current training habits or lifestyle. What changes would you advise her to make to her training regime AND lifestyle in order to prevent injuries? (4)

[15]

QUESTION 12



This picture shows a position of stillness in counterbalance between two dancers. Their core stability is allowing them to balance in this position. Identify the joint action and the muscle involved in the specific positions of the male dancer. Make a table as in the example below to guide your answer and use the same headings. Make a list of ONLY the joints asked in QUESTIONS 12.1 – 12.4 below.

Joint	Joint Action	Name of Muscle
	Extension	Posterior Deltoid

- 12.1 Action occurring at male dancer's knees (2)
- 12.2 Action occurring at male dancer's ankles (2)
- 12.3 Action occurring at male dancer's right shoulder (2)
- 12.4 Action occurring at male dancer's left elbow (2)
- 12.5 How would you explain core stability to an inexperienced dancer? (4)
- 12.6 Describe ONE exercise that would strengthen the core muscles. (3)

[15]

QUESTION 13

Injuries can affect dancers and athletes alike and, when untreated, may signal the end of a career. It is therefore imperative that all dancers be aware of the prevention, causes and the treatment of injuries.

Mary is complaining of pain and discomfort in her knees during practical lessons and finds it difficult to fully participate. The pain continues after class and seems to be getting worse.

- 13.1 Identify and classify the type of injury Mary may have incurred. (1)
- 13.2 Identify which connective tissue/s may be involved. (1)
- 13.3 List the most likely cause/s of the injury. (4)
- 13.4 Discuss the prevention of, and immediate to long term treatment of this type of injury. (4)
- [10]**

QUESTION 14

Name and explain FOUR types of safe stretching techniques that could be used to increase flexibility in the joints. Provide THREE tips for safe stretching. **[10]**

TOTAL SECTION C: 60

GRAND TOTAL: 150